



Somerset Road Club (SRC) Generic Risk Assessment – Club Road Rides

SRC Risk Assessment Introduction

Third party (public) liability insurance is provided to the club by British Cycling and indemnifies the club and its officials against their legal liability for personal injury, death and/or property damage to a third party arising from their negligence.

Clubs and club officials must endeavour to follow best practice guidelines laid down by British Cycling, as these form the basis for cover agreed with the insurers. This includes proactive management of risk such as carrying out risk assessments.

Duty of Care

Ride Leaders have accepted the responsibility of leading others and will take reasonable measures to ensure the ride is as safe as it can be. However, all adult participants are responsible for their own well-being during the ride and should be prepared for situations such as adverse weather conditions, mechanical problems and flat tyres.

Please respect the Ride Leader. Without them, club rides would not be possible. Listen to the briefings and pay attention whilst on the road.

Please read on and make yourself familiar with the contents of this document.

If you have any questions/comments/ideas do not hesitate to contact a member of the committee or a nominated club official.

Somerset Road Club – Risk Assessment

Risk Assessment: Organised Club Rides (Road)	Date: 25 November 2019	Version: 2.0
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Main Activity	Hazard	Who is at risk	Initial Risk (H/M/L)	Control Measures (to remove hazard / reduce risk level)	Residual Risk (H/M/L)	Y/N	FURTHER ACTION RECOMMENDED/REQUIRED	
							What	Person Responsible
1. Riders and their equipment	1.1 Unroadworthy bike which may fail mechanically during a ride, such as brakes, rims or tyres, causing accident or stranding	Rider	M	<ul style="list-style-type: none"> Bikes should be in good working order Where any defect is so severe as to pose a risk to the rider or others, the bikes should not be used. Where there is any rider dispute on this matter the Ride Leader shall have the final say on participation. Members are encouraged to inspect their bike prior to each ride paying particular attention to brakes, frame, steering, pedals / cleats, wheels and tyres It's recommended that a rear light is used when visibility is poor Mudguards are recommended during the winter months Tri-bars are not permitted on club rides 	L	N	-	-
1. Riders and their equipment	1.2 Rider becomes stranded due to equipment breakdown / punctures	Rider	M	<p>It's recommended that each rider carries the following:</p> <ul style="list-style-type: none"> At least one spare inner tube (two recommended) A method of tyre inflation Two / three tyre levers Mobile phone Club Membership Card with ICE details on rear <p>It's suggested that each rider also carries the following:</p> <ul style="list-style-type: none"> Multi-tool including Allen keys and chain tool Quick Link 	L	N	-	-

1. Riders and their equipment	1.3 Rider suffers from heat, cold or rain due to inappropriate clothing / lack of drink	Rider	M	<ul style="list-style-type: none"> Riders have responsibility for ensuring that they carry sufficient food / drink / energy gels for duration of the ride and means to purchase additional if required Riders should assess weather conditions and dress appropriately. Ride Leaders should take weather forecasts into account <p>Depending on conditions, this may include:</p> <ul style="list-style-type: none"> Waterproof jacket / Gilet / overshoes / gloves Adequate layers of clothing <p>It's strongly recommended that the following are worn:</p> <ul style="list-style-type: none"> Cycle helmet (which has passed either the US Snell B90/ B95 standard or European CE EN1078 standard) Suitable eye protection 	L	N	-	-
2. Ride	2.1 Rider unable to complete the ride with the group due to lack of awareness of ride pace or distance	Rider	M	<ul style="list-style-type: none"> General details on ride pace, distance and terrain are available on the club website. Specific details on each ride are posted on the club Facebook Group Ride Leaders brief riders at start on any potential issues, such as crosswinds, surface water Ride Leader to be aware of any problems with riders and ensure no riders are dropped Any guest / new rider should contact the club in advance through the Membership Secretary (details on the website) or the Facebook Group and must introduce themselves to the Ride Leader at the start 	L	N	-	-
2. Ride	2.2 Rider collides with another rider, resulting in fall and injury	Rider / Public	M	<ul style="list-style-type: none"> Guidance on group riding, etiquette, hand signals and calls to be used while riding in a group are on the club website New riders are to be introduced to other riders at the start of the ride and Ride Leader consider allocating a 'ride buddy' to provide guidance Ride Leader to ensure that riders ride within their abilities 	L	N	-	-

				<p>and calls and signs are known</p> <ul style="list-style-type: none"> Link to British Cycling video on 'How to ride in a group' on club website 				
2. Ride	2.3 Large group size creates danger to riders and hinder other road users	Rider / Public	M	<ul style="list-style-type: none"> Ride Leader to split the group into smaller groups at Ride Leader's discretion Ride Leader and riders should be familiar with the Highway Code (Rules 59 to 82) and in particular advice on where/when to ride two abreast or single file (Rule 66). Always follow any instruction given by the Ride Leader 	L	N	-	-
2. Ride	2.4 Snow / Ice in winter months giving rise to slipping on roadway and riders colliding or falling causing injury	Rider	H	<ul style="list-style-type: none"> Ride leader to assess and monitor weather forecast in the 24 hours prior to club ride for snow or ice, including Met Office Severe Weather Warnings. Ride leader to cancel ride if weather conditions are considered too hazardous to ride. Consider later start time for club ride allowing for air temperatures to rise in order to melt any road ice or restricting ride to gritted roads https://www.travelsomerset.co.uk/gritting/ When ice is considered a particular hazard Ride Leader to brief riders to advise them of the potential risk and hazards prior to ride. 	L	N	-	-
2. Ride	2.5 Strong winds causing loss of control by riders and colliding or falling causing injury	Rider	H	<ul style="list-style-type: none"> Ride leader to assess and monitor weather forecast in the 24 hours prior to club ride, in particular Met Office Severe Weather Warnings for wind. Ride leader to cancel ride if weather conditions are considered too hazardous to ride. For Saturday rides, Ride Leader consider postponing ride until Sunday 	L	N	-	-
2. Ride	2.6 Poor road surface or debris on the road creating a risk of riders colliding or falling causing injury	Rider	H	<ul style="list-style-type: none"> Ride leader to brief the group of any know temporary changes to road conditions (such as roadworks or top dressing) Group Ride Etiquette on club website, including hand signals and calls used Link to British Cycling video on 'How to ride in a group' 	M	N	-	-

				<p>on club website</p> <ul style="list-style-type: none"> Ride Leader to ensure new riders are aware of hand signals and calls used and group ride etiquette 				
	2.7 Accident or Incident causing rider(s) to crash or riders to stop as a group on the road creating obstruction to other road users and putting injured or non-injured SRC rider(s) at risk of being struck by other road users	Rider / Public	M	<ul style="list-style-type: none"> Where an accident or incident occurs leaving the injured rider(s) or debris on the road, Ride Leader (or in their absence due to injury another rider) should treat the following two actions as immediate priorities: <ul style="list-style-type: none"> Secure the scene to prevent further injury or collision Provide immediate first aid Other immediate actions should include: <ul style="list-style-type: none"> Uninjured riders to be dispatched to either side of the accident scene to warn approaching traffic and indicate that they slow or stop as appropriate Call for assistance of emergency services if required by dialling 999 Ask those not involved in first aid or scene safety to stand clear and to not cause obstruction Gather relevant information on the injured person or persons to relay to medical teams or attending police officers 	L		-	-
2. Ride	2.8 When riders stop to regroup or for a mechanical they cause an obstruction to other road users, risking collision and injury	Rider / Public	M	<ul style="list-style-type: none"> Ride leader should ensure that when riders stop they do so in an appropriate place on the road where they do not cause an obstruction to other road users If when stopped the group is too large to remain in that place without causing an obstruction, the Ride Leader should attempt to split the group or ask some of the group to move on to another safe stopping place The Ride Leader is to ensure that riders keep close in to the side of the road and do not create a risk to themselves or other road users Group to take care when moving off from the stopping place 	L	N	-	-